

• November • 2021

Weekly Events

Monday - Friday:

Newspaper & Mail Delivery

Bird Care and Fish Care

Midday Bingo Draw

One-to-One Visit

&

Music of all Genres

Celebrating This Month














Thelma Henry Nov 21st 1925

Any Calendar changes will be posted on the bulletin boards.

For more information contact **Willee** at 368-6509 or activity@whiterapidsmanor.nb.ca


November Bus Outings TBA




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:45 Coffee & Chat 10:30  Bible Reading 11:15  Morning Stretches 2:00 : Games in Living Room	2 9:45 Craft Fun: Crosses & Poppies 2:00  Bingo One to One : Eco Maps	3 9:45 Coffee & Chat 11:15 Memory Games 2:00 Movie Club Passchendale	4 10:00  One to One : 11:00 : What's New (Technology) 1:30 :Reminiscing with Photos	5 9:45 Coffee & Chat 11:00Manicures & Hand Massage 1 :30 Reading Nook: History of Fredericton Jct	6
7 2:00  Catholic Service Virtual Service	8 9:45 Coffee & Chat 11:15  Morning Stretches 2:00 Card Party Mixed games	9 10:00 Singing Guest Lori Knappe 2:00  BINGO One to One : Eco Maps	10 9:45 Coffee & Chat Remembrance Day Memories 2:00  Book Club: Fall Pick (lower lounge)	11 Remembrance Day 	12 	13
14 2:00  Anglican Service Virtual Service	15 9:45 Coffee & Chat 10:30  Bible Reading 11:15  Morning Stretches 2:00 : Games in Living Room	16 9:45 Craft Fun: Sea Glass Art 2:00  BINGO One to One : Eco Maps	17 9:45 Coffee & Chat 11:15 Hangman & Tic Tac Toe 1:15 Movie Club Pick : Mystery Movie	18 9:45  Share and Care Group Chat 11:00  Memory Games 1:30 Holiday Crafts: Gift Tags	19 	20
21 2:00  Chapel of the Living Water Virtual Service	22 	23 Christmas Decorating  2:00  Bingo	24 Christmas Decorating 	25 2:00 Manor Market 	26 9:45 Coffee & Chat 11:00 Manicures & Hand Massage 1:30 Bible Reading	27
28 2:00  Church Virtual Service	29 9:45 Coffee & Chat 10:30  Bible Reading 11:00 Memory Games 2:00 Fruit of the Month : HoneyDew	30 9:45 Baking Fun 2:00  BINGO One to One : Eco Maps				


7 PILLARS OF WELLNESS:

 Environmental

 Physical

Intellectual

 Vocational

 Emotional

 Social

 Spiritual