

September 2021

Weekly Events

Monday - Friday:

- Newspaper & Mail Delivery
- Bird Care and Fish Care
- Midday Bingo Draw
- One-to-One Visit
- Outside Walks and Talks

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Celebrating This Month

Enid Walcott September 7th 1933 (88)

Doris Mersereau September 9th 1927 (94)

Doug Whittaker September 11th 1946 (75)

David Brigham September 16th 1938 (83)

Diana Wakeham September 18th 1946 (75)

Tracy Blizzard September 21st 1930 (91)

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Any Calendar changes will be posted on the bulletin boards.
For more information contact
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activity@whiterapidsmanor.nb.ca

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 9:45 Coffee & Chat 11:00 One to One Eco Maps 2:00 Reading Corner : Tuesdays with Morrie	2 9:45 🌿 Share and Care Group Chat 11:00 Morning Stretches 2:00 Jeopardy	3 9:45 Coffee & Chat 11:00 Manicures & Hand Massage 2:00 Friday Summer Bingo	4
5 2:00 Virtual Church Service Christian World Media Services	6 Labour Day 	7 9:45 Craft Fun: Sensory Sticks 11:00 Reading Corner : Tuesdays with Morrie 2:00 🎮 BINGO	8 10:00 : Pet Therapy with : Bev & Happy 11:00 Parachute Ball Game 1:30 Bus Trip Oromocto Food Bank to Make a Donation	9 9:45 Manicures & Hand Massage 11:00 🧠 Reminisce, Memory games 2:00 🧶 Knitting Circle	10 9:45 Coffee & Chat 11:00 Move with the Music Exercises 2:00 Outside Walks , Games , Talks	11
12 2:00 Virtual Church Service Chapel of Living Water Online Services	13 9:45 Coffee & Chat 11:15 🧑 Monday Morning Stretches 2:00 Singing Guest Donna Davenport	14 10:00 : Singing Guest : Lori Knappe 11:00 Reading Corner : Tuesdays with Morrie 2:00 🎮 BINGO	15 11:15 Hangman & Tic Tac Toe 2:00 Garden Club 6:30 Singing Guests Charlie & Friends	16 9:45 🌿 Share and Care Group Chat 11:00 🧠 Memory Games 1:30 Musical Guest David Nielson	17 9:45 Coffee & Chat 2:00 : Manor Market ! 	18
19 2:00 Virtual Church Service Catholic Online Service	20 9:45 Coffee & Chat 11:15 🧑 Monday Morning Stretches 2:00 Card Party Steal the Bundle & Red or Black	21 9:45 Baking Morning: Home Made Applesauce 2:00 🎮 Bingo One to One : Eco Maps	22 11:00 BUS TRIP Orchard Picnic in Gagetown Hostess's Kaylee & Georgie V	23 9:45 Manicures & Hand Massage 1:30 : Resident Council 3:00 : Give Back Project : Messages to Local business	24 9:45 Coffee & Chat 1:30 Jeopardy Game 6:30 Men's Social Evening	25
26 2:00 Church Service TBA	27 9:45 Coffee & Chat 11:15 🧑 Monday Morning Stretches 2:00 Spelling Bee Contest	28 9:45 : Give Back Project : Messages to Local business 11:00 Reading Corner : Tuesdays with Morrie 2:00 🎮 BINGO	29 9:45 Coffee & Chat 11:15 Hangman & Tic Tac Toe 2:00 Musical Guest Frank Hartt	30 National Day For Truth & Reconciliation		

7 PILLARS OF WELLNESS:

 Environmental
  Physical
 Intellectual
  Vocational
  Emotional
  Social
  Spiritual